

**REGIONAL WORKSHOP ON  
DRUG INFORMATION  
NETWORKS (DINS)**

**August 1 – 2, 2012**

**Conference Room, Jolly Beach Resort  
Antigua and Barbuda**

**Presented by  
Norma L. Jeffrey-Dorset  
Substance Abuse Prevention Officer  
(Antigua and Barbuda)**

**PREVENTION AND  
TREATMENT  
ACTIVITIES IN  
ANTIGUA AND  
BARBUDA**

# PREVENTION

## Substance Abuse Prevention Division

### ü School Program: Molding Young Minds

#### ø Topics include:

- ø Drug information and education
- ø The self
- ø Feelings
- ø Anger management
- ø Conflict resolution
- ø The self and others
- ø The family, etc.

ü Counseling & Case Management

ü Lectures and Presentations

ü Distribution of Literature

ü Workshops:

ø Anger Management

ø Drugs in the Workplace

ø Peer Counselor Training

## n Parent Development Program (to be implemented)

- n To empower parents with the knowledge of life skills:
  - n to reinforce what their children are taught in school in the Moulding Young Minds Program;
  - n to promote confidence, independence, positive communication, and the importance of values as they relate to their children;
  - n to enable them to build stronger and more stable families through the nurturing of healthy and confident children;
  - n to assist in decreasing child abuse and neglect;
  - n to contribute to decreased instances of youth substance abuse.

n It is expected that the parent intervention will result in:

n improved school environments;

n less juvenile delinquency;

n decreased youth involvement in gangs and crime; and

n safer neighborhoods.

## Crossroads Treatment and Rehabilitation Center

- ü Breaking the Cycle: drug education and awareness program presented at the Grade 3 level that focuses on self-esteem building, improving relationships and decision-making skills.

## Royal Police Force of Antigua and Barbuda

- ü DARE Program: a drug abuse prevention program which is implemented by police officers. In Antigua and Barbuda, this program is being implemented in several government primary schools and a few government secondary schools.



# TREATMENT

Substance Abuse Prevention Division:

ü Counseling

# Crossroads Treatment and Rehabilitation Center

- ü Three-phase, 29-day residential treatment program for chemical dependency
- ü Six-week extended program for clients with extended detoxification needs
- ü Halfway House which offers:
  - ü Sixteen-Bed Residential Program for up to 6 months
  - ü Day Treatment Program for 3 – 6 months

## Self Help Groups

- ü Alcoholics Anonymous
- ü Narcotics Anonymous

QUESTIONS?

THANK YOU

THE END