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**INTER-AMERICAN DRUG ABUSE  
CONTROL COMMISSION  
CICAD**

Secretariat for Multidimensional Security

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**PROCCER - ADOLESCENTS  
SPECIALIZED TRAINING FOR DRUG TREATMENT SERVICE PROVIDERS WORKING WITH HIGH RISK ADOLESCENTS  
RESPONDING TO AN URGENT NEED IN THE CARIBBEAN**

# PROCCER - Adolescents

Specialized training for drug treatment service providers working with high risk adolescents

*Responding to an urgent need in the Caribbean*

Esther Best

Manager of the National Drug Council of Trinidad and Tobago, and

Chair of the Regional Advisory Council of PROCCER



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# PROCCER in the Caribbean

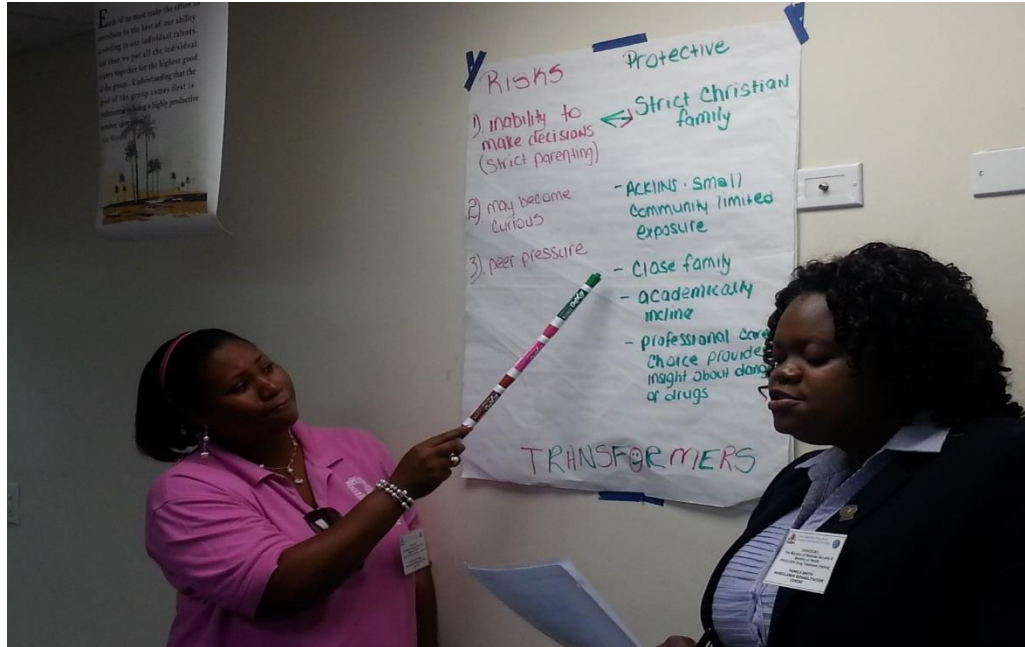
- Introduced to the OAS Caribbean Member States in 2011
- First PROCCER initiative to take a regional approach and include both treatment and prevention training
- Diagnostic Assessment undertaken in 2012
- Adapted the PROCCER Treatment Curriculum *and* developed the PROCCER Prevention Curriculum for the Caribbean context
- Training of Trainers for National Teams of Trainers was held in February 2013 and February 2014
- In-country training of prevention professionals and treatment service providers began in 2013 and will be completed by the end of 2015
- Persons Certified to-date
  - Antigua and Barbuda – 17 Certified in prevention
  - Bahamas – 27 Certified in treatment
  - Jamaica – 81 Certified in prevention and treatment
  - Trinidad and Tobago – 27 Certified in treatment
- Persons Trained to-date
  - Belize – 72 Trained in prevention and treatment
  - St. Kitts and Nevis – 70 Trained in prevention and treatment
  - Suriname – 65 Trained in prevention and treatment

*PROCCER-Caribbean is funded by the Bureau of International Narcotics and Law Enforcement Affairs (INL) of the U.S. Department of State, and the Anti-Crime Capacity Building Program (ACCBP) of Foreign Affairs and International Trade Canada*

# PROCCER in the Caribbean



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# PROCCER Diagnostic Assessment, 2012

- Diagnostic Assessment of the region revealed the following:
  - With respect to males, young male adults from 18 to 29 years were serviced by 83.8% of the treatment facilities
  - Males under 17 accessed treatment at 61% of the facilities
  - Young female adults aged 18 to 29 years were serviced by 71.2% of the treatment facilities
  - Females under 17 accessed treatment at 50.7% of the facilities
  - There is no specific training for treating adolescents
  - The survey also revealed that there was a need for adequate preparation in the form of additional substance abuse training for their current job functions

# Secondary School Survey, 2013-2014



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- Past Year and Past Month Alcohol Prevalence by Age Group

Country	Past Year Prevalence			Past Month Prevalence		
	14 years or less	15 – 16 years	17 years or more	14 years or less	15 – 16 years	17 years or more
Antigua and Barbuda	41.1	59.1	80.5	23.7	38.4	56.6
Bahamas	34.8	58.3	62.6	18.2	36.8	41.6
Barbados	39.6	69.5	78.2	19.4	41.3	51.8
Belize	33.2	49.3	59.1	18.0	33.2	44.5
Dominica	48.8	63.2	67.5	23.7	43.9	32.3
Grenada	36.7	64.7	66.5	22.2	38.4	51.5
Guyana	20.0	39.3	46.1	11.4	17.5	28.8
Haiti	32.6	32.7	36.5	21.3	18.2	24.8
Jamaica	30.8	51.7	55.8	16.1	28.5	28.8
St. Kitts and Nevis	32.4	50.0	63.5	14.8	27.8	46.0
St. Lucia	44.4	65.2	74.3	29.1	46.9	56.3
St. Vincent and the Grenadines	44.4	65.4	72.3	33.8	52.6	61.5
Trinidad and Tobago	32.5	38.1	65.8	15.5	31.9	42.2
Average	36.3	54.3	63.7	20.6	35.0	43.6

- Past Year and Past Month Marijuana Prevalence by Age Group

Country	Past Year Prevalence			Past Month Prevalence		
	14 years or less	15 – 16 years	17 years or more	14 years or less	15 – 16 years	17 years or more
Antigua and Barbuda	10.5	24.4	41.8	8.5	16.1	35.1
Bahamas	4.5	11.5	11.1	2.0	6.7	6.5
Barbados	7.9	23.2	26.9	5.5	15.6	16.3
Belize	10.4	17.6	18.3	6.4	11.4	13.5
Dominica	10.6	21.8	27.5	6.6	12.8	18.8
Grenada	7.1	14.8	14.3	4.2	8.0	8.5
Guyana	2.9	3.2	11.2	1.5	2.2	4.9
Haiti	1.7	2.1	2.6	0.4	0.9	1.4
Jamaica	5.4	16.5	12.2	3.1	9.0	5.5
St. Kitts and Nevis	7.9	20.0	23.4	6.0	12.9	18.8
St. Lucia	10.6	19.9	25.5	6.3	11.6	18.7
St. Vincent and the Grenadines	12.3	20.8	30.4	7.2	16.3	23.0
Trinidad and Tobago	6.0	13.2	12.5	2.9	8.0	7.0
Average	7.5	16.1	19.8	4.7	10.1	13.7

Data from the Inter-American Observatory on Drugs (OID), CICAD

# Secondary School Survey Cont'd



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- Alcohol prevalence by gender

Country	Lifetime Prevalence		Past Year Prevalence		Past Month Prevalence	
	Males	Females	Males	Females	Males	Females
Antigua and Barbuda	71.4	71.2	55.9	56.3	36.0	36.9
Bahamas	66.4	68.4	44.2	47.6	26.9	28.1
Barbados	72.4	74.7	55.2	60.2	34.1	33.8
Belize	66.2	64.0	49.9	45.3	34.5	30.1
Dominica	81.6	81.6	58.9	59.8	29.2	26.6
Grenada	68.8	75.2	52.9	56.3	36.1	34.1
Guyana	58.5	51.1	36.8	30.2	20.1	14.2
Haiti	64.3	50.1	44.7	27.5	30.1	16.8
Jamaica	64.4	65.7	45.1	45.0	25.8	22.9
St. Kitts and Nevis	62.0	69.0	42.6	46.1	27.0	26.4
St. Lucia	73.6	76.1	55.4	58.7	39.1	40.9
St. Vincent and the Grenadines						
	70.1	73.2	59.6	57.5	47.3	46.6
Trinidad and Tobago	65.7	69.4	46.8	53.0	26.9	28.9
Average	68.1	68.4	49.8	49.5	31.8	29.7

- Marijuana prevalence by gender

Country	Lifetime Prevalence		Past Year Prevalence		Past Month Prevalence	
	Males	Females	Males	Females	Males	Females
Antigua and Barbuda	36.8	25.4	27.9	16.8	22.0	11.1
Bahamas	16.1	8.1	10.9	5.5	6.4	2.3
Barbados	27.5	19.6	20.3	15.5	14.6	9.2
Belize	31.7	16.7	22.5	9.2	16.2	5.1
Dominica	39.2	22.4	24.4	14.2	15.5	9.0
Grenada	24.3	15.0	16.0	9.9	9.0	5.0
Guyana	11.1	4.5	6.9	2.4	4.9	0.7
Haiti	3.6	2.8	2.4	2.3	1.1	1.3
Jamaica	25.4	18.0	14.5	10.1	7.6	5.2
St. Kitts and Nevis	28.6	20.1	20.1	12.7	14.7	9.1
St. Lucia	34.7	22.0	22.7	11.8	15.2	6.6
St. Vincent and the Grenadines	35.2	19.7	24.8	15.3	17.6	11.3
Trinidad and Tobago	21.2	12.3	13.8	8.0	5.6	4.1
Average	25.8	15.9	17.5	10.3	11.6	6.2

Data from the Inter-American Observatory on Drugs, CICAD



# Arrests of Adolescents on Drug Related Matters

- Bahamas and Grenada

Year	Country	Males	Females
2013	Bahamas	38	4
2014	Bahamas	60	5
2013	Grenada	35	1
2014	Grenada	20	2

*Data from the Governments of the Bahamas and Grenada*

- Trinidad and Tobago

Drug Offence	2013		2014	
	Male	Female	Male	Female
Trafficking	33	0	34	5
Possession	90	9	80	12
Total	123	9	114	17

*Data from the Government of Trinidad and Tobago*



# Juvenile Drug Treatment Courts



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- In 2010 CICAD begun the Drug Treatment Court in the Americas programme
- In 2012 Trinidad and Tobago realized that Juvenile Drug Treatment Courts needed to be developed to meet the needs of the youth
- In discussion it was noted that there was an absence of specialized training in Adolescent treatment
- CICAD was approached and agreed that the empirical data and the needs identified supported the development of for training in this area
  - In 2014, CICAD developed the first draft of a training curriculum for treatment service providers working with this high-risk population

# PROCCER-Adolescents Curriculum



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- The PROCCER-Adolescent Task Force of 7 Caribbean Experts in various fields connected to drug use, counselling and adolescent issues, met at CICAD to review the content of the PROCCER Specialized Adolescent Treatment Training Curriculum for treatment service providers working with high risk adolescents
- Feedback was provided on the 5 modules of the PROCCER-Adolescent curriculum developed by CICAD and a subject-matter expert
- There was agreement that a sixth module – Voices of Adolescents– would be developed by holding a series of focus groups in Jamaica for consultation with adolescents
- Additionally, a Training of Trainers was held for the members of the Task Force, plus 2 PROCCER Treatment trainers who also serve as the Jamaican national-level PROCCER-Adolescent trainers

*These activities were funded by the Anti-Crime Capacity Building Program (ACCBP) of Foreign Affairs and International Trade Canada*



# PROCCER-Adolescents Curriculum Content



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- **Module 1: Adolescent Development** : adolescent development biology, developmental tasks of the stages of adolescence, bio-psycho-social model and adolescent substance use, reasons and problems, risk and protective factors, strengths-based programming, and program development.
- **Module 2: Juvenile Offenders:** adolescent substance use and crime, principles of drug treatment for criminal justice populations, what is diversion, diversion programs, decision making on sending juvenile offenders to a diversion program, assessments, case studies on candidates for diversion, and case studies on written reports for juvenile offenders.
- **Module 3: Screening and Assessing Adolescents:** screening versus assessment, intervention plans and client-centered care, screening for adolescents, administering CRAFFT, indicators for further assessment components and instruments, and a role play on HEADSSS.
- **Module 4: Adolescent Drug Treatment:** how to adapt/modify treatment to individual needs, specific factors, behavioral therapy, best practices, legal and ethical issues, role plays on best practices, special populations, childhood sexual abuse/trauma, co-existing disorders, and a case study on special populations.
- **Module 5: Family Interventions:** what is a family, family therapy, how is substance use treatment different from family therapy, why involve the family, AOD use in families, types of families, chemically dependent family case study, roles and rules, family therapy concepts, the benefits, integrated treatment models, best practices, and a role play on best practices.
- **Module 6: Voices of Adolescents:** results from the focus groups of high risk adolescents using AOD, initiation of AOD use, impact of family on AOD use, the areas of risk and benefits perceived by adolescents, how young people like to use AOD, effective and ineffective prevention messaging, effective and ineffective sources of emotional support for adolescents, and effective AOD prevention programming for high risk adolescents.



# Pilot of PROCCER-Adolescents

- The PROCCER-Adolescent curriculum was piloted in Jamaica with funding from ACCBP-Canada
- A total of 46 treatment service providers were trained:
  - 20 in Montego Bay
  - 26 in Kingston



## Recommendations from the Pilot

- The programme should be submitted to UWI for certification under the umbrella of the existing PROCCER-Caribbean Regional Certification Mechanism
- Specialized training should continue to be offered to reach a wider cross-section of persons in the region providing treatment services to high risk adolescents
- Incorporate participant observations on content and methodology
  - Develop two additional modules:
    - 1) Prevention, 2) PROCCER-Caribbean Treatment Curriculum Review
  - The training should be delivered in a residential format to avoid scheduling issues for professionals working in the field





The CARICOM Secretariat :

- Has been actively involved in the development of this programme
- Has a representative on the PROCCER-Adolescents Task Force and participated in the Training of Trainers to be a Regional Trainer
- Identified and supported the development of the 6<sup>th</sup> module which reflects the – “Voices of Adolescents”
- Will lead the development of a specialized prevention module targeting this particular group

# Next Steps for PROCCER-Adolescents



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- Incorporation of the comments and recommendations from the Pilot in Jamaica
- Ongoing collaboration with CARICOM in all aspects of curriculum adaptation and training methodology and delivery
- Under the umbrella of PROCCER, continued involvement with the Caribbean Alliance of National Psychological Associations; the University of the West Indies (UWI) Mona, Jamaica; St. George's University (SGU); and the Caribbean Association of National Training Agencies (CANTA)
- Convene a meeting of the PROCCER-Adolescents Task Force to review the program and the content and methodology of the training
- Request for member states to hold adolescent focus groups to collect content for a regional Voices of Adolescents module
- Deliver the first PROCCER-Adolescents regional training in July 2015
- Seek funding for socialization of the programme, development of recommended additional modules, task force meetings to tailor program, and delivery of the programme on national and regional levels





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**Thank You**