

INTER-AMERICAN DRUG ABUSE CONTROL COMMISSION

CICAD

SIXTY-FOURTH REGULAR SESSION November 19-21, 2018 Washington D.C., USA OEA/Ser.L/XIV.2.64 CICAD/doc.2445/18 November 21 2018 Original: English

Atención VIH (A!VIH):

HIV Testing, Treatment and Care for People Who Inject Drugs (PWID)

Atención VIH (A!VIH): HIV Testing, Treatment and Care for People Who Inject Drugs (PWID)

Pedro Mateu-Gelabert, Ph. D.



CICAD 64Th Session November 21th, 2018 Washington DC

HIV Risk Among People Who Inject Drugs (PWID)

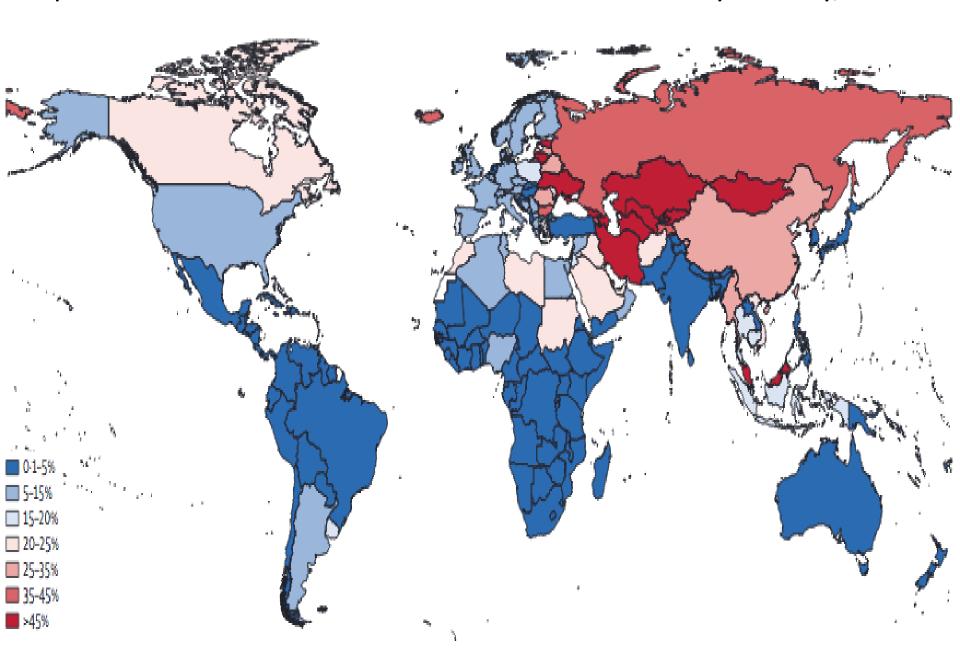
- Globally, around 13 million people inject drugs and 1.7 million of them are living with HIV.
- Injecting drug use accounts for 10% of HIV infections globally and 30% of those outside of Africa.
- In many regions (e.g. Europe, Asia, Latin America) sharing of injecting equipment is the primary mode of transmission, accounting for 30–90% of all infections.
- Harm reduction (including syringe programs and opioid substitution therapy) is an evidence-based approach to HIV prevention, treatment and care for PWID and is strongly supported by WHO.
- Criminalization of drug use, stigma and discrimination against PWID contribute to ongoing HIV epidemics.
- In many countries in the American continent, harm reduction programs are not available or are extremely limited in accessibility and availability.
- HIV infection rates continue to rise among people who inject drugs (PWID) in many lower- and middle-income countries (LMICs).

America. Injecting drug users (IDU) prevalence & HIV prevalence among IDU

Countries and territories	Population age 15–64 years (1000s)	IDU population Estimates (1000s)			IDU Prevalence	HIV prevalence (%)		
		Low	High	Mid	(%) Mid	National	Capital city	Other sites
(a) Latin America (number of countries and	d territorie	s = 17)					
Argentina	23494	6	75	41	0.17	18.8-39.2	7.6-80.0	60.0-61.0
Bolivia	4600	0.1	0.3	0.2	0.00	nk	nk	nk
Brazil	115662	600	1000	800	0.69	28.0-42.0	15.0-34.0	18.0-48.5
Chile	9877	29	29	29	0.29	1.9	nk	nk
Colombia	25061	2	8	5	0.02	nk	16.1	nk
Costa Rica	2328	1	1	1	0.04	nk	nk	nk
Ecuador	7675	8	11	9	0.12	nk	nk	nk
El Salvador	3486	4	5	4	0.13	nk	nk	nk
Guatemala	6824	6	9	7	0.11	nk	nk	nk
Honduras	3342	4	5	4	0.13	nk	nk	nk
Mexico	62092	10	96	53	0.09	0.0 - 6.0	nk	6.0
Nicaragua	2765	3	4	3	0.12	nk	nk	nk
Panama	1771	2	2	2	0.12	nk	nk	nk
Paraguay	3139	3	4	4	0.12	nk	15.0	nk
Peru	16345	1	1	1	0.003	nk	nk	nk
Uruguay	2088	2	3	2	0.10	24.4	nk	nk
Venezuela	14762	1	2	2	0.01	nk	nk	nk

Global overview of injecting drug use and HIV infection among injecting drug users. Aceijas, AIDS 2004

Proportion of total burden of HIV attributable to IDU by country, 2013



HIV prevention, treatment and care for PWID (WHO recommended)

- Needle/syringe programs
- Opioid substitution therapy
- HIV testing and counselling
- HIV treatment and care
- Condom programming
- Behavioral interventions
- Prevention and management of viral hepatitis, TB and mental health conditions
- Sexual and reproductive health interventions
- Provision of naloxone and training on overdose prevention for PWID community

Reducing HIV Incidence*

- Needle exchange programs (NEP), Opioid Substitution Therapy (OST), antiretroviral therapy (ART), and HIV counseling and testing (HCT) have evidence for effectiveness in reducing HIV incidence.
- Coverage of these interventions in Low and Middle Income Countries (LMICs) varies from low (≤20%) to medium (>20–60%).
- At least a 60% coverage required to reduce HIV incidence.
- Evidence from LMICs contexts suggests:
 - NEP and OST can reduce high-risk injecting behavior
 - HCT can reduce risky sexual behavior
 - ART can plausibly have preventive benefit to:
 - Preventing onward parenteral transmission
 - Preventing onward sexual transmission.
- Scale-up of these four interventions in combination would be a beneficial and cost-effective approach.
- (*) Dutta, et. al. 2012. Current Opinion in HIV and AIDS

Availability of Needle exchange programs (NEP), & Opioid Substitution Therapy



Ending HIV Epidemic: 90–90–90 targets

- Since 2014, the 90–90–90 targets have become a central pillar of the global quest to end the AIDS epidemic*.
- In order to be successful, PWID should be included in those targets



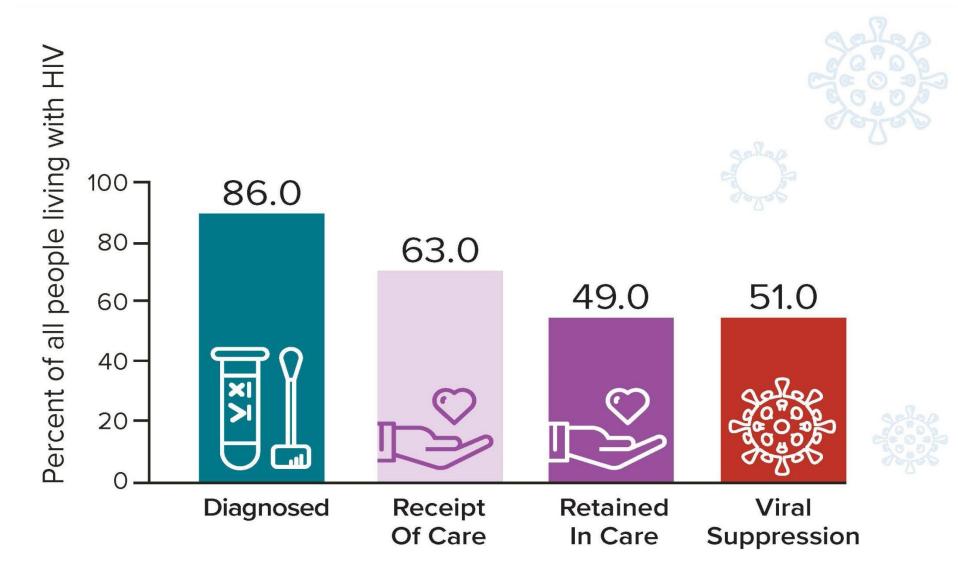
of people living with HIV know their status

of people living with HIV who know their status are on treatment

of people on treatment are virally suppressed

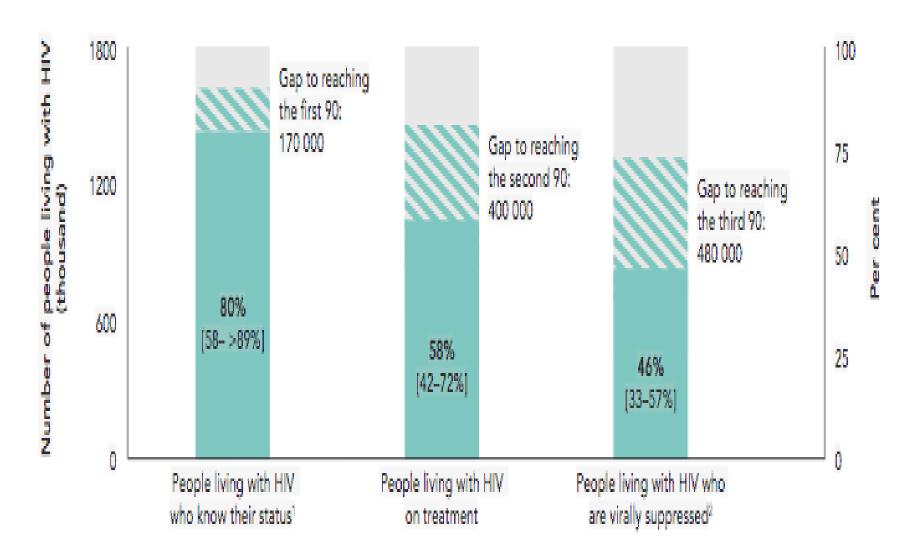
^{*} Ending AIDS. Progress towards the 90–90–90 targets. UNAIDS, 2017

HIV Care Cascade (USA, 2015)*



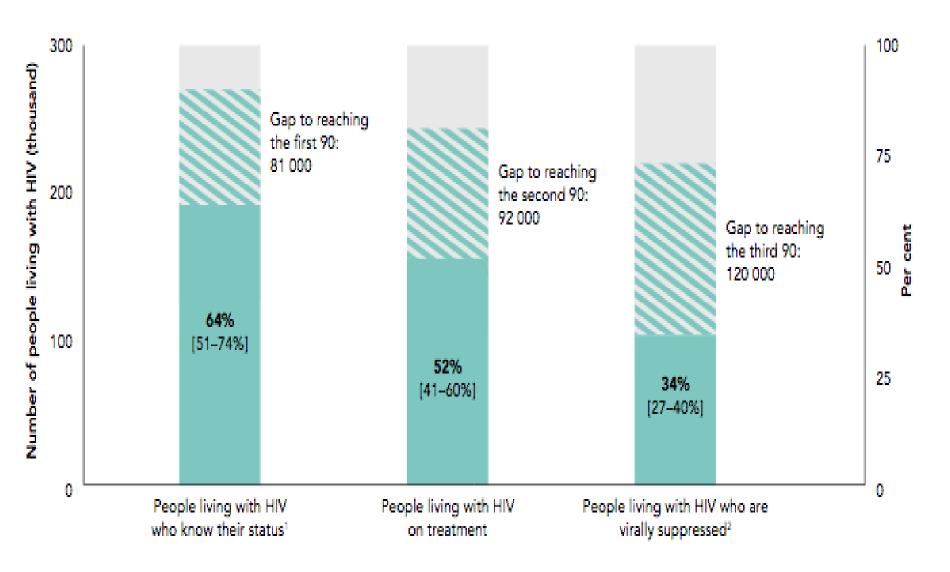
^{*} Understanding the HIV Care Continuum, CDC (June 2018)

HIV Testing & Care Cascade-Latin America



^{*} Ending AIDS. Progress towards the 90–90–90 targets. UNAIDS, 2017

HIV Testing & Care Cascade-Caribbean*



^{*} Ending AIDS. Progress towards the 90–90–90 targets. UNAIDS, 2017

Atención VIH (*A!VIH*):
An Integrated Seek, Test, Treat and
Retain (STTR) - Medication-Assisted
Treatment (MAT) Intervention for PWID

America: Challenges to HIV Care for PWID

- Few systematic efforts to locate and test PWID
- Although countries in America have policies in place for universal HIV care, very few PWID are engaged in each stage of the HIV care continuum.
- Availability of Medication-Assisted Treatment (MAT) is extremely limited, thus restricting access to combined MAT and HIV treatment, a proven method for engaging HIV+ PWID in care.
- Large proportions of PWID face a triple barrier to accessing HIV treatment: lack of awareness of their HIV status; stigma related to accessing HIV treatment as an active drug injector; and low levels of engagement in general health care

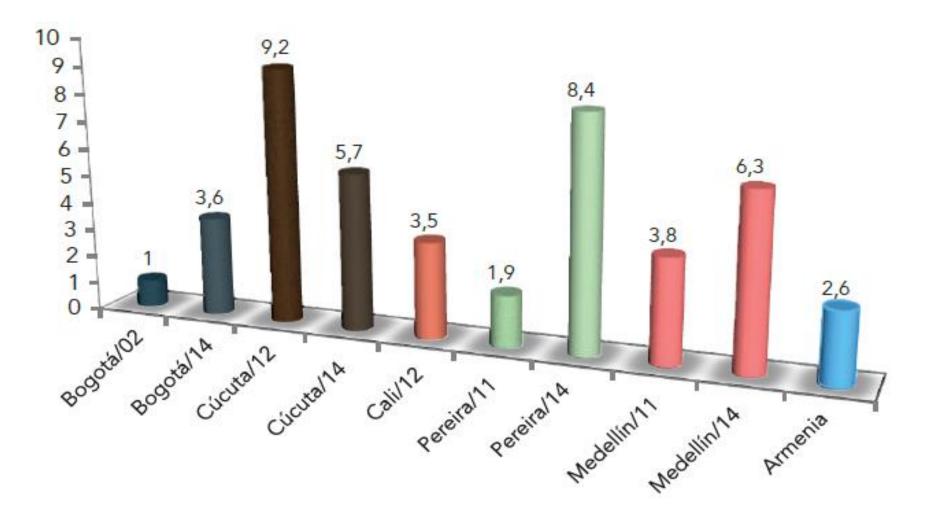
Atención VIH (A!VIH): Integrated STTR-MMT for HIV+ PWID

- A!VIH aims at addressing these critical gaps in HIV testing and care among PWID with:
 - An active community seek-and-test strategy to reach HIV+ PWID.
 - Component to engage and retain HIV+ PWID in integrated HIV care and methadone maintenance treatment (MMT).
- Training medical professionals to provide MMT to study participants at the HIV primary care clinic
- Care Coordinators provide counseling, adherence support and healthcare navigation services in order to facilitate engagement and retention HIV care.

Implementing A!VIH in Colombia

- In Colombia, starting in the early 1990's, illicit drug production diversified to include heroin.
- Heroin production led to the development of a local market for heroin and the uptake of heroin injection.
- High rates of risky injection behaviors led to an increasing HIV prevalence among PWID (currently between 4%-9%).
- A!VIH could avoid (at relatively low cost) a larger HIV epidemic. The window of opportunity to act while HIV prevalence remains low is limited.

HIV Prevalence among PWID



Source: Ministerio de Justicia y del Derecho, Observatorio de Drogas de Colombia. La Heroína en Colombia, Producción, uso e impacto en la salud pública - Análisis de la evidencia y recomendaciones de política. 2015.

Atención VIH (A!VIH) Study Flow and Components

Community-based Seek-and-Test (Medellin=1375; Pereira n=1034) Eligibility Criteria *18 years or older *Injected heroin (past 30 days) *Provide informed consent Biological Testing *HIV Antibody *Elisa (Confirmatory)

Clinical Trial Component (Treat-and-Retain)

Eligibility Criteria
*HIV+ (Antibody & confirmatory)
*Meet DSM-5

criteria for OUD

*Exclusion: Engaged in MMT or HIV care

A!VIH (Medellin) n=75

*HIV Care
Coordination
(system navigation
and counseling)
*Co-location of HIV
Care & MMT

Usual Care (Pereira) n=75

*Referral to HIV Clinic

*Referral to Substance Use Tx

Summary

- A!VIH's integrated HIV treatment and MMT along with interventions to maximize retention and medication adherence, represents a *vanguard* approach to HIV treatment for PWID.
- A!VIH has a holistic approach to improving outcomes for HIV+ PWID throughout all phases of the HIV continuum of care.
- A!VIH presents a unique opportunity to halt and potentially reverse a growing HIV epidemic in a highly vulnerable population.
- Intervening with PWID now will maximize the public health benefits of treatment-as-prevention (TasP) and preventing a larger epidemic among PWID and minimizing outward transmission to others.
- A!VIH can be fully integrated within existing models of care in adopting countries facilitating the expansion to other countries in Latin America.
- A!VIH could be replicated as a treatment-as-prevention model to slow or halt the expansion of HIV among PWID in other LMICs with emerging epidemics and where harm reduction services are limited or not yet fully implemented.