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**BRIEF INTERVENTION TECHNIQUES AS A COST-EFFECTIVE ALTERNATIVE
IN PUBLIC POLICIES OF TREATMENT:
THE BRAZILIAN EXPERIENCE**

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Presidency of the Federative Republic of Brazil
Institutional Security Cabinet
National Anti-Drug Secretariat – SENAD

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CICAD
May 1, 2008
Washington, DC - USA

Secretaria Nacional
Antidrogas

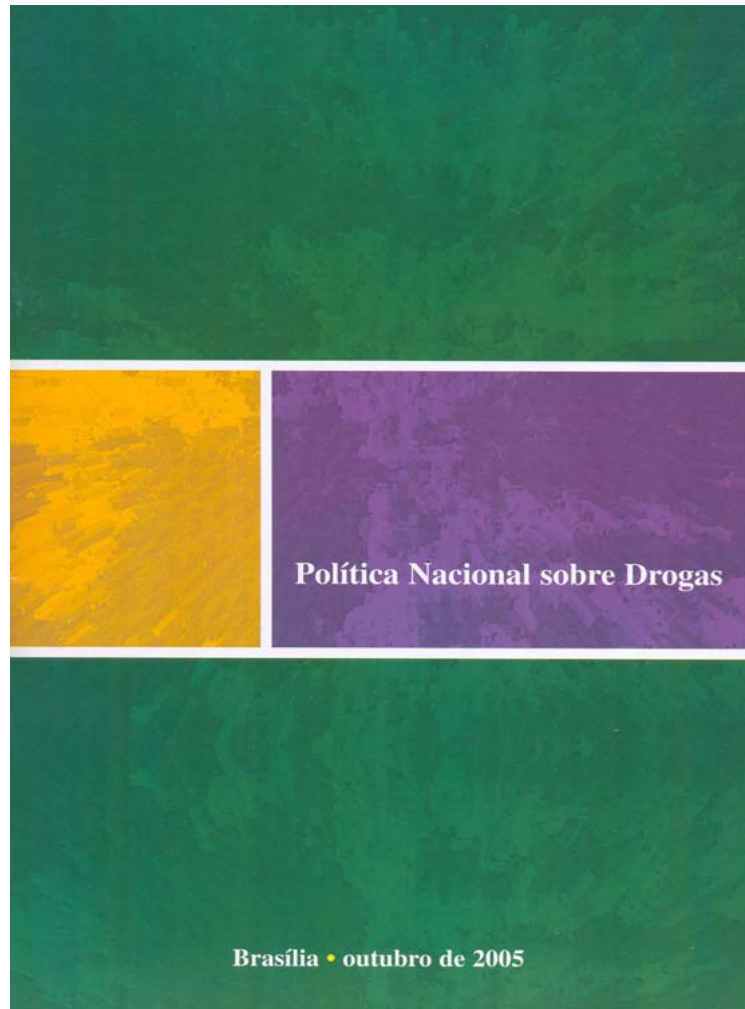
Gabinete de Segurança
Institucional





SENAD`S MISSION

To Coordinate the implementation of the National Policy on Drugs, integrating Government and Society.



OBJECTIVE

To educate, inform and train people throughout all social segments, preparing them to undertake effective actions for the reduction of demand and supply, as well as for harm reduction, supported by validated scientific knowledge and best practices, according to the country's particular context.

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Guiding Principles for SENAD`S Actions

- **Multisectorial approach and shared responsibility**
- **De-centralisation of actions**



SUPERA COURSE

**Sistema para detecção do
Uso abusivo e dependência de substâncias
Psicoativas:
Encaminhamento, intervenção breve,
Reinserção social e
Acompanhamento**

*(System for the detection of abusive Use of and
addiction to Psychoactive substances: Referral,
Brief Intervention, Social rehabilitation and
Follow-up)*



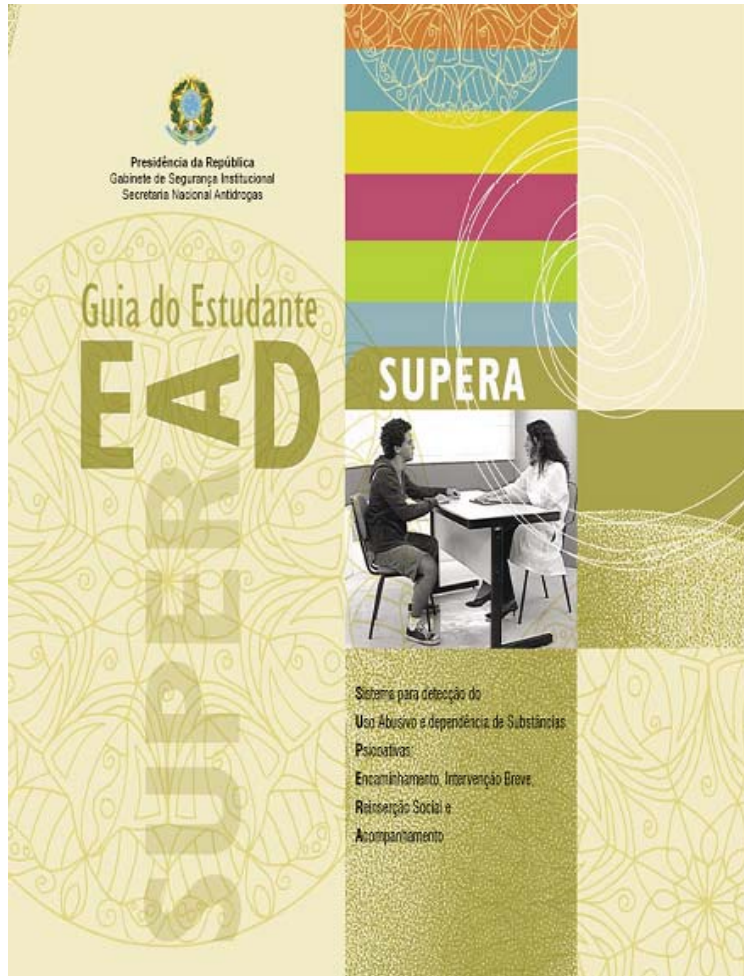
Goals of the program

To intensify professional training on:

1. Early detection;
2. Brief Intervention techniques;
3. By directing them to assistance networks (social and health care);
4. Prevention Actions and Social Rehabilitation.



SUPERA COURSE



- Distance Learning
- 90 hours
- 2,5 months
- 4.926 registered professionals/students
- 3.926 graduated
- Certification by the Federal University of Sao Paulo - UNIFESP

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CONTENT OF THE COURSE

- **Multi-disciplinary and multi-professional training;**
- **Provision of useful and updated information, taking into account the country`s reality;**
- **Capacity Building;**
- **Support for professionals while implementing strategies to their daily practices.**



TEACHING MATERIAL



- ✓ **06 thematic books, corresponding to each one of the 6 course modules + 01 student guide**



- ✓ **01 CD-ROM – same content as in the book + student guide**



- ✓ **01 DVD with 4 study cases, showing how to use the detection and brief intervention techniques**



SUPERA on the Internet

Links

To websites of government agencies, universities, civil society groups, etc

Links to the course's videoconferences

A screenshot of the SUPERA website. At the top, there is a navigation bar with the text "Acompanhamento" and "Home | Guia do Estudante | Módulos | Interação | Links". Below this, the page is titled "Referências e Links de Apoio". It is divided into two columns. The left column is titled "Entidades Governamentais" and lists several government websites: www.senad.gov.br, www.obid.senad.gov.br, and www.saude.gov.br. Below that is the section "Entidades Universitárias" with a list of university websites: www.ufba.br, www.ufjf.br, www.ufpr.br, www.ufrj.br, www.ufrs.br, www.unifesp.br, www.unifesp.br/dpsicobio/psico.htm, www.unifesp.br/dpsicobio/uded, www.cebrid.epm.br, www.unifesp.br/dpsiq/, and www.virtual.epm.br/material/proad/. The right column is titled "Associações e Links Internacionais" and lists various international and organizational websites: bumad.un.kiev.ua/, odc.dne.gov.co/general/observatorio.jsp, www.aic.gov.au/, www.arg.org/, www.cicad.oas.org/en/Main/main.htm, www.cicad.oas.org/OID/Countries/Nicaragua/nicaragua, www.cicad.oas.org/OID/defaultespañol.htm, www.conacedrogas.cl/inicio/index.php, www.consep.gov.ec/Observatorio.htm, www.dea.gov/pubs/abuse, www.dnecolombia.gov.co/contenido.php?sid=158, www.drogas.pt/, www.drugpolicy.org, www.emcdda.eu.int/mlp/ms_pt1.shtml, www.erowid.org, www.esbra.com/, www.geodrugs.net/index.php3, www.gobernacion.gob.sv/observatorio/, www.health.orgwww.isbra.com/, www.niaaa.nih.gov, www.nida.nih.gov, and www.opadro.com/.



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Student Follow-up

Tutors

Aluno em destaque: Home | Guia do Estudante | Módulos | Introdução | Links

Clique nos links abaixo para assistir a vídeo-conferência de abertura do curso!
 Veja parte 1
 Veja parte 2

NOVO: Vídeo da webconferência que ocorreu no dia 27/03/2007

Caro Tutor, seja bem-vindo!

NOVO: Lista dos alunos que preencheram a avaliação final!

NOVO: Lista dos alunos que NÃO preencheram a avaliação final mas completaram TODOS os módulos com nota >= 7,0!

NOVO: Lista dos alunos que completaram TODOS os módulos com nota >= 7,0 (sem levar em consideração a avaliação do curso!)

Lista de alunos

Depurar para o Excel | Recalcular tabela

Matr.	Nome	1.0	1.1	1.2	1.3	1.4	1.5	1.6	Ações	Opções
406									3993 22 46 (4)	selecionar
4379		9,1	10	10	9,5	10			1106 15 46 (60)	selecionar
5911		8	10	10	9,2	7,9	10		6205 19 40 (26)	selecionar
643									2612 12 12 (1)	selecionar
1480		9,1	8,8	8,2	7,4	8,8			8205 18 31 (47)	selecionar
3037		10	10	10	10				3602 15 14 (64)	selecionar
2342		8,2	10	8,2	7,9	7,6			4505 14 07 (20)	selecionar
2822		8,2	8,8	8,3	7,4	10			2304 22 17 (1)	selecionar

- Scientific tutorial service – team of specialists providing technical support to students
- Tutors tend to stimulate student participation. They also monitor the collection of exams and further evaluations.

Supervisors (Masters and PhDs - UNIFESP)

- supervision meetings every week
- support to the work of tutors





SUPERA COURSE

Assessment of Results

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SUPERA COURSE - 2007

- **Number of Registrations: 4926**
- **Number of participants: 4663 (95%)**
- **91,4%** of participants have rated the course as excellent
- **90%** have rated client support by phone as excellent
- **87,8%** have rated client support by e-mail as excellent
- **Generally, students spent 60 hours to study the full content of the course. 30 hours were still left for further educational activities such as readings, attendance to conferences and events, etc.**



SUPERA COURSE - 2007

After taking the course, how able do you feel to:

Approach a patient to assess his/her use of alcohol

	%
1: Totally Unable	0,6
2: Poorly able	2,8
3: Able	37,5
4: Very able	41,7
5: Fully able	17,5
Total	100,0

Approach a patient to assess his/her use of other drugs

	%
1: Totally Unable	0,6
2: Poorly able	5,0
3: Able	41,1
4: Very able	39,1
5: Fully able	14,3
Total	100,0



SUPERA COURSE - 2007

How able do you feel to undertake the following activities:

To undertake a motivational interview with high risk users of alcohol and/or other drugs?

	%
1: Totally Unable	0,7
2: Poorly able	5,4
3: Able	33,6
4: Very able	43,4
5: Fully able	16,8
Total	100,0

To devise, along with the user, strategies for monitoring and/or decreasing the use of alcohol and/or other drugs?

	%
1: Totally Unable	0,9
2: Poorly able	4,9
3: Able	31,4
4: Very able	44,3
5: Fully able	18,5
Total	100,0



SUPERA COURSE - 2007

Intention to participate in the implementation of Tracking and Brief Intervention Strategies for users of alcohol and/or other drugs

	%
a: Yes, as suggested during the course	41,5
b: Yes, but adjusting them to other environments (school, private companies, communities)	47,2
c: No, because I do not have any contact with alcohol and/or other drugs users at work	5,2
d: No, because there is no demand fporque no meu trabalho this sort of strategies at my workplace	2,7
e: No, because of any other reason	3,4
Total	100,0



SUPERA COURSE - 2007

What is the main difficulty to be faced when implementing these strategies?

	%
a: Lack of time	27,3
b: Lack of support from superiors	8,9
c: Lack of support from colleagues	14,4
d: I wont face any difficulty	26,1
e: Unability to do it	13,4
Total	100,0



SUPERA COURSE - 2007

**Would you recommend the
SUPERA course to other
students?**

%

a: Yes

99,8

b: No

0,2

Total

100,0



PERSPECTIVES 2008/2009

- To include the techniques of Motivational Interview and Brief Intervention as a subject to be taught at the School for Community Health Agents



PERSPECTIVES 2008/2009

TRAINING ON MOTIVATIONAL COUNSELLING AND BRIEF INTERVENTION

- Educators
- Human Resources, Health and Social Care Professionals
- Municipal Counsellors
- Public Security and Law professionals



ACTIONS – 2008 - 2010

- **Investment: R\$ 6.379.077,88
(US\$3.8 million)**
- 20.000 new students
 - 5.000 Primary Health Professionals
 - 5.000 Women and adolescents support professionals
 - 5.000 Therapeutic Communities
 - 5.000 Social Care Professionals
- 04 classes of 5.000 students



Thank you !

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Deputy National Anti-Drug Secretary

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www.obid.senad.gov.br

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